

To Register

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Anger Management Institute
44 B road St. NW, Suite 707
Atlanta, GA 30303
Tuition Fee: \$350 00

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Email address needed for directions to facility to be emailed to you upon receipt of registration.

Cancellations must be received at least 72 hours prior to workshop for a refund. A \$20 processing fee will be assessed for all cancellations.

Program subject to cancellation due to insufficient enrollment. Refunds will be promptly made due to lack of enrollment.

Dates:

May 31, June 2-3, 2107—Atlanta

October 25-27, 2017—Macon

November 13-15, 2017—Atlanta

Locations

Macon Location:

River Edge Behavioral Health
175 Emery Highway
Macon, GA 31217

Grief Specialist Certification Training

Various Dates and Locations



Training Location:

High Impact/Anger Management
44 Broad St. NW, Suite 707
Atlanta GA 30303

Training Provided By:

High Impact/Anger Management
44 Broad St. NW, Suite 707
Atlanta, GA 30303

About the Conference

Grief is one of the deepest pains we experience. It is the normal and adaptive process of adjusting to any experience of loss or unwanted change. It is always a shock, whether the loss was expected or not. The loss of something important to us and grieving over it is a common experience for all of us. Although all of us go through it, people usually do not talk about losses. It seems that loss and grief is something that people experience in isolation, something each of us has to work through by him/herself.

While each person's expression of grief is unique, it is a universal human experience. No one who has loved another can escape the pain of loss or the process of grieving that goes with it. We live in a time when the social norm is focused on "getting over it," grief is a process that deserves our utmost respect.

The Grief Specialist Certification Training will give you the tools you need to effectively help griever's cope and adapt from loss as well as an opportunity for personal healing. The in-depth certification training gives you the language, tools, and materials you need to start helping people immediately. In 3 days you will be a Certified Grief Specialist with the format and guidelines to facilitate Individual Sessions as well as Grief Support Groups.

Learning Objectives

By the end of the training, participants will be able to:

- Describe various theoretical models for understanding grief and loss;
- Explain the difference between grief, mourning and depression;
- Describe complicated grief;
- Explore the task of grief;
- Examine some cultural responses to grief;
- Examining how many males deal with grief and loss;
- Understand the resources and interventions that are effective in helping those who are grieving;
- Review various models of loss adaptation;
- Help grieving individuals and families navigate the journey through grief;
- Aiding Adolescents through the grieving process;
- Developing a grief support group;
- Explore healing from the loss of a pet;
- Review some coaching strategies for loss and grief adaptation;
- Practitioner's Self-Care

Who Should Attend:

The Grief Specialist Certification Program is open to people of all educational backgrounds. Everyone who comes to our Certification starts on a level playing field. We do not require an advanced degree or college background. The only requirement is your desire to help people.

Agenda Day 1:

- Your Personal Experience with Grief
- Theoretical Models of grief and loss
- Differences between grief, mourning, and depression
- When grief becomes complicated
- Cultural Responses to Grief

Agenda Day 2

- Loss adaption models
- Understanding males and grief
- Helping adolescents through the grieving process
- Working with grieving individuals and families

Agenda Day 3

- Healing from pet grief
- Review some coaching techniques for helping people work through loss and grief
- Developing a grief support group

Your Presenter:

Gary K. Byrd, M.Ed., CGS, CCS, CAMS, MAC, CEO of The Anger Management Institute. He is a Certified Grief Recovery Specialist. He has written anger management participant workbooks for teens and adults.

Fee: \$225.00