

**To Register**

Make Check Payable To:  
Anger Management Institute  
44 Broad St. NW, Suite 707  
Atlanta, GA 30303  
Tuition Fee: \$75.00

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Phone:(H) \_\_\_\_\_

Phone:(W) \_\_\_\_\_

Email Address: \_\_\_\_\_

Credit Card: \_\_\_ VISA \_\_\_ MC

Card #: \_\_\_\_\_

Exp. Date: \_\_\_\_\_

Name on Card: \_\_\_\_\_

Email address needed for directions to facility to be emailed to you upon receipt of registration.

Discounts of more than one from the same facility.

Cancellations must be received at least 72 hours prior to workshop for a refund. A \$20 processing fee will be assessed for all cancellations.

Program subject to cancellation due to insufficient enrollment. Refunds will be promptly made due to lack of enrollment.

**Training Dates and Locations**

**September 19, 2017—Atlanta**

**September 26, 2017—Augusta**

**December 4, 2017—Atlanta**

**February 15, 2018—Augusta**

**May 10, 2018—Atlanta**

**July 27, 2018—Macon**

**September 7, 2018—Atlanta**

**Macon Training Location**

River Edge Behavioral Health Ctr.  
175 Emery Highway  
Macon, GA

**Augusta Training Location**

Positive Solutions Family  
Enrichment Services  
1227 Augusta West Parkway, Suite 201  
Augusta GA 30909

**Angry Couples: Stopping  
the Rage and Increasing  
the Love**



**Training Location:**

High Impact/Anger Management

44 Broad St. NW, Suite 707

Atlanta GA 30303

**Training Provided By:**

High Impact/Anger Management

44 Broad St. NW, Suite 707

Atlanta, GA 30303



## About the Conference

Anger is a normal human emotion that we all feel from time to time in our relationships. When it is handled appropriately, it can be one of the most effective and constructive forms of communication. On the other hand, anger is one of the most common negative patterns in a relationship. Anger takes root in insecure relationships where open communication is absent and the emotion of love is buried beneath years of resentment. There is typically hopelessness in the present and doubt about the future in these relationships. The good news is that individuals committed to improving their relationships through the hard work of managing their anger are generally rewarded with a renewed sense of hope. This workshop will help therapist develop the skills to assist couples in transforming their anger into compassion and understanding.

### Who Should Attend:

The training is open to LPC's, SA Counselors, and others interested in working with angry couples.

Continuing Education Credits of 6 hours have been applied for through GACA, ICRC, and LPC of GA.

### Learning Objectives

1. Explore the causes of anger in relationships
2. Describe the 6 angry "lovestyles"
3. Describe how anger affects sex in relationships
4. Explain the anatomy of an angry marriage
5. Understanding his needs and her needs in a relationship
6. Examine how one partner's complaint is another partner's need
7. How to move away from conflict and reaction
8. Explore counseling strategies for transforming anger into compassion and understanding

**Tuition: \$75.00**

Pre-registration is required. Tuition fee covers the cost of instruction, handout materials, refreshments breaks, and continuing education credits,



### Your Presenter:

**9:00 Causes of anger in relationships**

**10:00 Break**

**10:15 6 Angry "Lovestyles"**

**11:15 Anger and sex**

**12:00 Lunch**

**1:00 Anatomy of a marriage/relationship**

**2:00 Break**

**2:15 His needs and her needs**

**2:45 His complaint –her needs/her complaint his needs**

**3:15 Managing conflict in relationships**

**3:45 Strategies for reducing anger and increasing compassion and understanding in relationships**

**4:30 Adjourn**

Gary K. Byrd, M.Ed., CCS, CAMS, MAC, CEO of The Anger Management Institute. He has written anger management participant workbooks for teens and adults.

*Please be sure to order your autographed copy of Mr. Byrd's recently released book titled "Choice-Based Anger Control".*