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Anger Management Institute
44 Broad Sr. NW, Suite 707
Atlanta, GA 30303
Tuition Fee: \$70.00

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Email address needed for directions to facility to be emailed to you upon receipt of registration.

Cancellations must be received at least 72 hours prior to workshop for a refund. A \$20 processing fee will be assessed for all cancellations.

Program subject to cancellation due to insufficient enrollment. Refunds will be promptly made due to lack of enrollment.

Training Dates:

November 15, 2016-Atlanta
January 19, 2017—Atlanta
February 18, 2017—Atlanta
April 24, 2017—Atlanta
June 23, 2017—Atlanta
August 31, 2016—Atlanta

High Impact Training & Counseling, Inc.

44 Broad St. NW, suite 707

Atlanta, GA 30303

404-523-6074

Fax: 404-523-3749

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**The ABC's of Misbehavior
In Children and Teens:
Anger, Bullying, and
Conflict**

Various Training Dates



Training Location

High Impact Training

Training Provided By:

High Impact/Anger Management

44 Broad St. NW, Suite 707

Atlanta, GA 30303

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About the Conference

Anger, Bullying, and Conflict (ABC's) are the trifecta of inappropriate behaviors in children and teens. These three behaviors create more havoc in children and teens lives than any other problematic behavior. By helping children and teens to better manage the ABC's, they can learn to live in harmony with their peers.

Anger is a natural human emotion; however, it can cause emotional and physical pain when done out of malice or mindlessness; bullying is always negative and it seeks to hurt or punish others who appear to be a weaker target. Conflict is a major cause of disruption among children and teens.

This workshop is designed to assist youth workers, teachers and health professionals to provide effective strategies in reducing anger, bullying, and conflict among children and teens.

Who Should Attend:

Teachers, Youth Workers, DJJ Staff, LPCs, LCSWs, Addiction Professionals and others who are interested in reducing violence among children and teens.

Learning Objectives

By the end of this training, participants will be able to:

1. Explain anger triggers from a child and teen's perspective.
2. Describe the angry brain.
3. Explain the difference between anger and conflict.
4. Teaching children and teens anger management strategies.
5. Describe bullying and children and teens who bully.
6. Differentiate between teasing and bullying.
7. Examine the prevalence of bullying among children and teens.
8. Review the connection between bullying and suicide.
9. Strategies for reducing bullying in youth.
10. Helping children and teens to develop conflict resolution skills.

Continuing Education Credits of 6 hours have been applied for through GACA, LPC, LCSW.

Agenda

Registration 8:45 am
Class from 9:00 a.m. to 4:30 p.m.

- 9:00 Understanding anger in children and teens
- 9:30 Anger triggers from a child's and teen's perspective.
- 10:00 The angry brain
- 10:30 Break
- 10:15 Differentiate between anger and conflict
- 10:45 Anger management strategies
- 12:00 Lunch
- 1:00 Understanding bullying
- 1:30 Difference between teasing and bullying
- 2:00 Break
- 2:15 Prevalence of bullying among children and teens
- 2:45 Bullying and suicide
- 3:15 Strategies for reducing bullying
- 3:45 Helping children and teens to develop conflict resolution skills
- 4:30 Adjourn

Your Presenter:

Gary K. Byrd, M.Ed., CCS, CAMS, MAC, CEO of The Anger Management Institute and High Impact Training & Counseling, Inc. He has written a Male Family Violence Participant workbook, a Female Family Violence Participant workbook, a teen and adult anger management participant workbooks.