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Anger Management Institute
44 B road St. NW, Suite 707
Atlanta, GA 30303
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Email address needed for directions to facility to be emailed to you upon receipt of registration.

Cancellations must be received at least 72 hours prior to workshop for a refund. A \$20 processing fee will be assessed for all cancellations.

Program subject to cancellation due to insufficient enrollment. Refunds will be promptly made due to lack of enrollment.

Dates:

- April 26, 2019 —Atlanta
- June 21, 2019—Atlanta
- August 14, 2019—Atlanta
- October 11, 2019—Atlanta
- November 8, 2019—Atlanta
- December 4, 2019—Atlanta
- January 13, 2020—Atlanta

Locations

High Impact Training & Counseling
44 Broad St. NW
Suite 707
Atlanta GA 30303

Reboot: Understanding Technology Addiction & Its Treatment

Various Dates and Locations



Training Location:

High Impact/Anger Management
44 Broad St. NW, Suite 707
Atlanta GA 30303

Training Provided By:

High Impact/Anger Management
44 Broad St. NW, Suite 707
Atlanta, GA 30303

About the Conference

In 2018, the World Health Organization announced "gaming disorder" as a new mental health condition included in the 11th edition of its International Classification.

Over 112 million Americans are online with that number expected to increase by 12 million in the next year and new estimates predict that nearly six percent or 11 million of those online users suffer from Internet addiction. The internet is an integral part of modern life and for the vast majority of internet users its benefits far outweigh the adverse consequences secondary to excessive use.

Technology addiction is a new phenomenon which many counselors are unaware of and subsequently unprepared to treat. Technology addiction is described as an impulse control disorder, which does not involve use of an intoxicating drug and is very similar to pathological gambling.

Mental health professionals need a basic understanding of technology addiction so that they can recognize it early and intervene appropriately. This workshop presents an overview of the etiological frameworks, assessment and treatments of technology addiction.



Learning Objectives

By the end of the training, participants will be able to:

Learning Objectives

1. Explore how Big Tech has used neuroscience to trigger technology behavior addiction.
2. Examine the impact of technology on children and teens' brains.
3. Identify types of technology addiction.
4. Explore the impact of computer gaming addiction on youth and adults.
5. Assess for Internet addiction with specialized evaluation instruments.
6. Explore strategies for implementing a Digital Detox
7. Design a comprehensive treatment plan for the technology-addicted client.

Who Should Attend:

LPCs and CACs interested in learning about how to treat technology addiction. Also, parents and others who want to learn about the impact of gaming and technology addiction on their children and teens.

Agenda

- 9:00 Big Tech's use of neuroscience to trigger the craving for uncontrol use of technology
- 9:30 The impact of technology on children and teens brains
- 10.15 BREAK
- 10:30 Types of technology addiction
- 11:30 Computer gaming addiction
- 12:00 Lunch
- 1:00 Assess for internet addiction
- 1:30 Digital Detox
- 2:15 Break
- 2:30 Assessing internet addiction
- 3:00 Treatment and treatment plans for the technology addicted client.
- 4:30 Adjourn/Certificates

Your Presenter:

Gary K. Byrd, Ph.D., M.Ed., CGS, CCS, CAMS, MAC, CEO of The Anger Management Institute. He is a Certified Grief Recovery Specialist. He has written anger management participant workbooks for teens and adults. Dr. Byrd is an expert in the treatment of Addictive Disorders.

Fee: \$85.00