

To Register

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Anger Management Institute
44 B road St. NW, Suite 707
Atlanta, GA 30303
Tuition Fee: \$85 00

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Email address needed for directions to facility to be emailed to you upon receipt of registration.

Cancellations must be received at least 72 hours prior to workshop for a refund. A \$20 processing fee will be assessed for all cancellations.

Program subject to cancellation due to insufficient enrollment. Refunds will be promptly made due to lack of enrollment.

Dates:

March 21, 2018—Atlanta
May 9, 2018—Atlanta
June 15, 2018—Augusta
July 10, 2018—Atlanta
August 8,2018—Macon
September 5, 2018—Atlanta

Locations

Macon Location:
River Edge Behavioral Health
175 Emery Highway
Macon, GA 31217

Reboot: Understanding Technology Addiction & Its Treatment

Various Dates and Locations



Training Location:

High Impact/Anger Management
44 Broad St. NW, Suite 707
Atlanta GA 30303

Training Provided By:

High Impact/Anger Management
44 Broad St. NW, Suite 707
Atlanta, GA 30303

About the Conference

Over 112 million Americans are online with that number expected to increase by 12 million in the next year and new estimates predict that nearly six percent or 11 million of those online users suffer from Internet addiction. The internet is an integral part of modern life and for the vast majority of internet users its benefits far outweigh the adverse consequences secondary to excessive use.

Technology addiction is a new phenomenon which many counselors are unaware of and subsequently unprepared to treat. Technology addiction is described as an impulse control disorder, which does not involve use of an intoxicating drug and is very similar to pathological gambling.

Mental health professionals need a basic understanding of technology addiction so that they can recognize it early and intervene appropriately. This workshop presents an overview of the etiological frameworks, assessment and treatments of technology addiction.

Learning Objectives

By the end of the training, participants will be able to:

Learning Objectives

1. Describe how 5 generations are using technology.
2. Examine the impact of technology on children and teens' brains.
3. Describe the pervasive role of technology in our lives
4. Distinguish between beneficial and adverse effects of technology.
5. Identify types of technology addiction and examples.
6. Explore the impact of computer gaming addiction on youth and adults.
7. Assess for Internet addiction with specialized evaluation instruments
8. Implementing the POWER OF NO.
9. Design a comprehensive treatment plan for the technology-addicted client.

Who Should Attend:

LPCs and CACs interested in learning about how to treat technology addiction. Also, parents and others who want to learn about the impact of gaming and technology addiction on their children and teens.

Agenda Day 1:

- 9:00** The pervasiveness of technology in our daily lives
- 9:30 The Impact of technology on 4 generations
- 10.15 BREAK
- 10:30 Computer gaming addiction
- 11:00 Technology and youth brain development
- 12:00 Lunch
- 1:00 Various types of technology addiction
- 1:30 The power of No
- 2:00 Break
- 2:15 Assessing internet addiction
- 3:15 Treatment and treatment plans for the technology addicted client.
- 4:30 Adjourn/Certificates

Your Presenter:

Gary K. Byrd, M.Ed., CGS, CCS, CAMS, MAC, CEO of The Anger Management Institute. He is a Certified Grief Recovery Specialist. He has written anger management participant workbooks for teens and adults.

Fee: \$85.00

