

To Register

Make Check Payable To:
Anger Management Institute
44 B road St. NW, Suite 707
Atlanta, GA 30303
Tuition Fee: \$65.00

Name: _____
Address: _____

Phone:(H) _____
Phone:(W) _____
Email Address: _____
Credit Card: ___ VISA ___ MC
Card #: _____
Exp. Date: _____
Name on Card: _____

Email address needed for directions to facility to be emailed to you upon receipt of registration.

Cancellations must be received at least 72 hours prior to workshop for a refund. A \$20 processing fee will be assessed for all cancellations.

Program subject to cancellation due to insufficient enrollment. Refunds will be promptly made due to lack of enrollment.

Dates:

January 22, 2016—Atl.
March 18, 2016—Savannah
May 26, 2016—Macon
October 10, 2016—Atl.

Locations

High Impact Training
6555 Abercorn St., 223
Savannah, GA 31405

Macon Location TBA

Call for Location in Macon

**Grief and Loss:
The Journey from Before
to After**

Various Dates and Locations



Training Location:

High Impact/Anger Management
44 Broad St. NW, Suite 707
Atlanta GA 30303

Training Provided By:

High Impact/Anger Management
44 Broad St. NW, Suite 707
Atlanta, GA 30303

About the Conference

Every human service worker is bound to encounter clients facing loss situations, even though that may not be the primary focus of the professional relationship. The movement from the "before" to the "after" of loss is almost always a long, painful journey. If we are to help our clients to heal, we cannot skirt the outside edges of their grief and loss. Instead, we must assist them in journeying all through it, sometimes meandering the side roads, sometimes plowing directly into its raw center.

The loss of something important to us and grieving over it is a common experience for all of us. Although all of us go through it, people usually do not talk about losses. It seems that loss and grief is something that people experience in isolation, something each of us has to work through by him/herself.

This workshop provides essential information regarding loss, life transition, and counseling strategies for a variety of grief situations. This workshop prepares the clinician to develop and lead time-limited and ongoing bereavement groups. It covers the nuts and bolts dimension of organizing a group in addition to focusing on group dynamics, leadership skills, and coping with counter transference reaction.

Learning Objectives

By the end of the training, participants will be able to:

- Describe various theoretical models for understanding grief and loss;
- Explain the difference between grief, mourning and depression;
- Describe complicated grief;
- Explore the task of grief;
- Examining how many males deal with grief and loss
- Aiding Adolescents through the grieving process
- Developing a grief counseling group
- Review some counseling strategies for loss and grief adaptation

Who Should Attend:

The certification training is LPC's, LCSW, SA Counselors, and others interested in learning to heal the pain of grief and loss.

Continuing Education Credits of 6 hours have been applied for through GACA, LPC, and LCSW.

Agenda Day 1: 8:30 a.m.-4:30 p.m.

9:00 a.m.	Theoretical Models of grief and loss
10:15	Break
10:30	Differences between grief, mourning, and depression
11:00	When grief becomes complicated
11:30	The Task of Grief
12:00	LUNCH
1:00	Males and grief
1:30	Helping adolescents through the grieving process
2:00	Break
2:15	Developing a grief counseling group
2:45	Review various counseling strategies for loss and grief
4:30	Adjourn/Certificates

Your Presenter:

Gary K. Byrd, M.Ed., CCS, CAMS, MAC, CEO of The Anger Management Institute. He has written anger management participant workbooks for teens and adults. Mr. Byrd is a Certified Grief Specialist.

Fee: \$65.00