

To Register

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Anger Management Institute
44 Broad St. NW, Suite 707
Atlanta, GA 30303
Tuition Fee: \$65.00

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Email address needed for directions to facility to be emailed to you upon receipt of registration.

Discounts of more than one from the same facility.

Cancellations must be received at least 72 hours prior to workshop for a refund. A \$20 processing fee will be assessed for all cancellations.

Program subject to cancellation due to insufficient enrollment. Refunds will be promptly made due to lack of enrollment.

Training Dates and Locations

2/19/16—Savannah, GA
2/26/16—Atlanta, GA
6/3/16—Atlanta, GA
10/21/16—Atlanta, GA
11/14/16—Atlanta, GA

Savannah GA Location
High Impact Training
6555 Abercorn St.
Suite 223
Savannah GA 30104

Contact Number for all Training:
404-523-6074

Men & Trauma: Healing the Unspoken Hurt

Various Dates



Training Location:

High Impact/Anger Management
44 Broad St. NW, Suite 707
Atlanta GA 30303

Training Provided By:

High Impact/Anger Management
44 Broad St. NW, Suite 707
Atlanta, GA 30303

About the Conference

Men and Trauma: Healing the Unspoken Hurt is a workshop that focuses on how to help men give voice to their trauma and begin the healing process. Dominant masculine ideals are often in conflict with not only prominent therapeutic approaches, but also with the foundations of the therapeutic relationship. Masculine messages aimed at restricting emotional expression, limiting the way men connect with others, and restraining the ways men seek help are often at odds with therapeutic goals in general and with specific trauma treatments. Men who experience and live through trauma often have difficulty in discussing their trauma-based experiences because of their social conditioning that real men don't show weaknesses and definitely don't share their pain.

This workshop will explore what happens when men experience trauma and how to begin the process of healing. Additionally, it will examine the effects of trauma on males across the lifespan where a transformation takes place in many men were the conversion of traumatic emotional experiences in childhood and young adulthood transforms into organic diseases, social malfunction, and mental illness later in life. Let's begin the process of helping men to heal the unspoken hurt.

Learning Objectives

1. Define trauma and provide an overview of the history of trauma.
2. Review the DSM-5 description of trauma.
3. Describe the impact of Adverse Childhood Effects on males.
4. Discuss how trauma begets trauma.
5. Explore some of causes of male trauma.
6. Explain some of the differences between female and male trauma experiences.
7. Describe the effects of trauma on adult males.
8. Explore the impact of sexual abuse on males.
9. Examine the street code as a way to numb trauma for black males.
10. Review posttraumatic growth as a treatment modality for males.

Tuition: \$65.00

Pre-registration is required. Tuition fee covers the cost of instruction, handout materials, refreshments breaks, continuing education credits.

Who Should Attend:

The certification training is LPC's, LCSW, SA Counselors, and others interested in developing specialization in Anger Control and Intervention Counseling.

Continuing Education Credits of 6 hours have been applied for through GACA, LPC, and LCSW.

Agenda 9:00 a.m.-4:30 p.m.

- 9:00 Definition and history of trauma
- 9:30 What the DSM-5 Says about Trauma
- 10:00 Break
- 10:15 Adverse Childhood Effects on males
- 11:00 Trauma begets Trauma
- 12:00 pm Lunch
- 1:00 Causes of Male Trauma
- 2:00 Break
- 2:15 Differences between male and female trauma experiences
- 2:45 Impact of sexual abuse on males
- 3:15 Street code strategies trauma coping strategies for black males
- 3:45 Posttraumatic growth treatment strategies
- 4:30 Adjourn

Your Presenter:

Gary K. Byrd, M.Ed., CCS, CAMS, MAC, CEO of The Anger Management Institute. He has written anger management participant workbooks for teens

