

**To Register**

Make Check Payable To:  
Anger Management Institute  
44 Broad St. NW, Suite 707  
Atlanta, GA 30303  
Tuition Fee: \$65.00

Name: \_\_\_\_\_

Address: \_\_\_\_\_

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Phone:(H) \_\_\_\_\_

Phone:(W) \_\_\_\_\_

Email Address: \_\_\_\_\_

Credit Card: \_\_\_ VISA \_\_\_ MC

Card #: \_\_\_\_\_

Exp. Date: \_\_\_\_\_

Name on Card: \_\_\_\_\_

Email address needed for directions to facility to be emailed to you upon receipt of registration.

Cancellations must be received at least 72 hours prior to workshop for a refund. A \$20 processing fee will be assessed for all cancellations.

Program subject to cancellation due to insufficient enrollment. Refunds will be promptly made due to lack of enrollment.

**Training Locations**

- 5/25/16—Atlanta GA
- 8/31/16—Atlanta GA
- 9/30/16—Atlanta GA
- 12/13/16—Atlanta GA
- 1/23/17—Atlanta GA
- 3/23/17—Atlanta GA
- 5/19/17—Atlanta GA

**Anger Management Institute**

44 Broad St. NW, Suite 707  
Atlanta, GA 30303  
404-523-6074  
Fax: 404-523-3749

**Spirituality and Trauma:  
The Journey  
From Hurt to Healing**

**1 Day Course**



Training Location

High Impact Training & Counseling  
44 Broad St. NW, Suite 707  
Atlanta GA 30303

**Training Provided By:**

**High Impact/Anger Management**  
**44 Broad St. NW, Suite 707**  
**Atlanta, GA 30303**

## About the Conference

Trauma can have a profound impact on a client's psychological, emotional, physical and spiritual well-being. Trauma can trigger a deep search for "meaning making" out of the traumatic event. Often this search to make sense out of a tragedy is a journey through the landscape of spirituality. Traumatic experiences may cause clients to wrestle with various types of spiritual questions such as "why me?", "I feel guilty for surviving.", "I'm overwhelmed by my grief and loss".

Traumatic experiences force victims to face issues lying outside the boundaries of personal and collective frames of reference. As a result they are forced to confront psychological and spiritual challenges that are unfamiliar to the average person.

Trauma, in spite of its brutality and destructiveness, has the power to open victims to issues of profound existential and spiritual significance.

Spirituality can be a powerful and regenerative healing force our clients can access to begin and sustain them through the recovery process.

This training seeks to broaden and deepen clinicians' capacity to make use of spirituality in the therapeutic process for improved coping and added resilience for our clients.

## Learning Objectives

1. Understanding the intersection of spirituality and trauma.
2. Describe the domains of traumatic experience
3. Explore the impact of trauma on spiritually
4. Describe some of the challenges in employing spirituality in psychotherapy.
5. Examine your own spirituality
6. Utilizing spirituality in the treatment and recovery process.



**Tuition: \$65.00**

Pre-registration is required. Tuition fee covers the cost of instruction, handout materials, refreshments breaks, continuing education credits

**Who Should Attend:**  
**LPC's, LCSW, SA Counselors, and others interested in this topic.**

**Continuing Education Credits of 6 hours have been applied for through GACA, LPC, and LCSW.**

8:30 a.m.-4:30 p.m.

Pre-registration from 8:30 am-9:00 am.

9:00 What do we mean by "Trauma and Spirituality?"

10:15 Break

10:30 Three major domains of a traumatic experience

11:00 The impact of trauma on one's spirituality

12:00 Lunch

1:00 Challenges to using spirituality in therapy

2:00 Break

2:15 Strategies for examining your own spirituality

3:15 Using spirituality in the counseling and recovery process

4:30 Adjourn

## **Your Presenter:**

Gary K. Byrd, M.Ed., CCS, CAMS, MAC, CEO of The Anger Management Institute. He has written anger management participant workbooks for teens and adults.